

Do something special this Lent

*Have you a friend or family member who has
a problem with alcohol?*

*Do you want to help in a simple yet effective
way?*

Then take the pledge for Lent

**Abstain from alcohol for six weeks, beginning
Ash Wednesday, 22nd February, and offer it up as
a prayer to help your friend achieve freedom and
well-being.**

Make a difference to someone's life!



**To join on-line visit
www.pioneerassociation.ie
or contact (01) 874 9464**

**Pioneers – interceding for
the addicted**

Some demons can only be cast out by
prayer and fasting (Mark 9)